

Worksheet 2 Emotions

A. Please read the following situations and decide if these situations are positive or negative. Tick the box.

Situation	positive	negative
1. You are alone at home. It is dark. Suddenly you hear a strange noise.		
2. The girl/boy you like very much approaches you and invites you to her/his birthday party.		
3. You have an important basketball game this weekend, but you also have important classwork to write during the week. Your mom/guardian wants you to study at home and not go to the training.		
4. You see some friends making a date for tonight, but they don't ask you to come along.		
5. You are having a party at school. Everyone brings something to eat, there is music, dancing. Everyone has fun together.		



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B. Now please decide which feelings correspond with each situation:

Feelings in situation 1. _____

Feelings in situation 2. _____

Feelings in situation 3: _____

Feelings in situation 4: _____

Feelings in situation 5: _____

Here's how you can introduce your answer:

1. When I'm alone and hear weird noises,

I feel _____.

2. When _____,

I feel _____.

etc.



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C. Write now your own situation, read it aloud, and have the other students guess or name the appropriate feelings.

Suitable emotions:



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